

Headband Instructions

Buy one box of **Craft Loops Refill** at Walmart. Do not buy the kit that includes the weaving loom. You will not be using the loom - just the loops.

You can use 20 loops or 21 loops to make a headband.

For 20 loops: Select 4 colors with 5 loops of each color.

Or, if you want the headband to have just 2 colors, then select 2 different colors with 10 loops, each of the same color.

For 21 loops: Select 3 colors with 7 loops of each color.

Arrange your groups of loops in front of you. I will be using 20 loops for these instructions, but the same procedure is used for the 21 loops headband.

1. You will use your left hand to weave the headband on. Your **palm** will be facing you during the weaving process. (If you are left handed then you will use your right hand to weave on).
2. Using one loop, loop it around your **thumb** on your **left** hand, twist loop and loop it over your index finger, twist loop again and loop it over the middle finger, twist loop again and loop over your ring finger, and finally twist and loop over the pinkie finger. Push the twisted loops down to the bottom of the fingers. The thumb is holding the anchor loop which will be used to tie the headband together. From this point on, you will not be looping the thumb again.
3. Now, take a loop from a another color pile of loops and starting with the **index** finger (on your left hand), loop the index finger, twist loop, loop the middle finger, twist and loop the ring finger, and twist and loop the pinkie finger.
4. **Before doing the next colored loop**, (which will be the 3rd loop), take the bottom loop on your index finger and loop it over your index finger (it will go to the back of your index finger), then take the bottom loop from your middle finger and loop it off as you did for the index finger, then do the same for the ring finger, and the pinkie. Remember you are looping off the **bottom** loop on your fingers. You will notice that the headband is beginning to weave itself on the other side of your left hand.

5. Now for the remaining 18 loops you use the same procedure with each loop. So, for loop 3 you do **step 3**, always starting with the index finger: loop, twist, loop, twist, loop, twist, loop. After each loop do step 4, taking the bottom loop on each finger off. Then add next loop remembering to take bottom loop off each finger before putting on another loop. Continue step 3 and 4 until all the loops are gone.
6. Now, take the index finger on the **right** hand and loop the anchor loop off your thumb and onto the right index finger. Don't let this anchor loop get away from you. Keep it on the index finger. Your left palm is still facing you.
7. Now, take the same index finger on the right hand that is holding the anchor loop, and slip that finger under each loop on the left hand, lifting the loop off each finger onto the right index finger, starting with the **pinkie** finger, then ring finger, then middle finger then index finger. Don't let any of these loops get away from you. Now you have 4 loops on the right index finger with the anchor loop. All on the right index finger.
8. So far so good. Move the 4 loops off your right index finger and hold them tightly with the other hand. Do not let them get away from you! While holding the 4 loops with your other hand push the anchor loop through the 4 loops in your left hand and tie it with one of those 4 loops. At this point, you no longer have anything on your right hand. Tie firmly, just once. The headband is now connected. But, you are not finished yet.
9. Now, to make sure the headband is secure, take the anchor loop and push it through the two loops from which the anchor loop came from. Now, tie the anchor loop to the other loop you just tied to the anchor loop. Tie once again. You now have a knot. The finished look of the anchor loop and other tie loop will have a bow look. Your headband is now very secure and can be stretched to fit over the head without coming apart. Good job!!

Feel free to text me, or call, if these instructions are difficult to understand. I'll be glad to work with you.

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