

<p align="center">Food Secure Card Deck</p>		<p align="center">You have fun playing with a friend in the yard before the family cookout.</p> <p align="center">Move up 1 space.</p>
<p align="center">No worries! Your mom packed a great lunch for you and you are able to focus on the science project.</p> <p align="center">Move up 1 space.</p>	<p align="center">You ate a good breakfast and scored a 98 on the history test.</p> <p align="center">Move up 1 space.</p>	<p align="center">You had three good meals yesterday and slept soundly all night.</p> <p align="center">Move up 1 space.</p>
<p align="center">You ate a healthy lunch and completed that difficult afternoon work project.</p> <p align="center">Move up 1 space.</p>	<p align="center">The doctor gave you a clean bill of health and credits your healthy diet.</p> <p align="center">Move up 1 space.</p>	<p align="center">You have plenty of energy for the big game due to a good dinner.</p> <p align="center">Move up one space.</p>
<p align="center">The pediatrician gives you high scores in all areas of your growth. You are eating well.</p> <p align="center">Move up 1 space.</p>	<p align="center">You have breakfast every morning before school and perfect attendance this month.</p> <p align="center">Move up 1 space.</p>	<p align="center">You get a cold but your healthy well- fed body fights it off quickly.</p> <p align="center">Move up 1 space.</p>