

Guide for Leading

GA[®]

Missions Discipleship for

Girls in grades 1-6

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This manual was produced by
Kentucky Woman's Missionary Union[®].



WELCOME TO GA®!

Thank you for listening to God's call on your life to lead GA. Leading GA is more than teaching facts or skills. As a GA Leader you serve as a Christian role model. You are discipling girls to be committed to Christ and his mission. By personally following the Great Commission, your example can make a lasting difference in girls' lives.

Through Bible study, prayer, mission study and serving, GA helps girls see God at work in the world and understand their role in bringing others to Christ.

GA means "Girls in Action ® " and that is exactly what you and your girls will experience. As a GA leader you will lead girls to be active in Bible study, praying, learning, giving, and serving. This guide will explain different styles for leading GA and help you choose which style best suits your group of girls.

May God bless you on this exciting journey as you help girls become all God designed them to be!

GA Essentials

Bible study
learning about missions
praying for missions,
giving to missions,
and serving

GA Features

Regular Meetings
Mission Projects
GA Journey
(Achievement Plan)
Badges
GA Outings





SHAPING YOUR GA GROUP

Ages- GA groups can divide into subgroups by grade levels or combine grades 1-6, depending on the number of girls in your church and the number of GA Leaders. You should have 2 GA Leaders for each group of 1-15.

Meetings- GA groups can meet weekly, monthly or bi-monthly. Meetings are typically an hour in length, but time can be adjusted depending on the needs and goals of the group or church. GA groups can meet during established church program hours or at alternate times. Groups can also meet in homes.

Volunteers- Encourage moms and other adult women in your church to volunteer with your GA group. This is especially helpful during mission projects and badge work. **The sponsoring church should conduct a background check on all GA Leaders and volunteers.**

Communication- Keep parents and your church up to date on the activities of your GA group through newsletters, bulletin boards, and social media.

Structure- GA Leaders choose which style works best for their particular group. (See GA Group Styles on p. 4)



GA Group Styles

There is no correct style for leading a GA group. Choose the style that works best for you, your girls, their parents, and your church.

Curriculum Style

GA Leaders use Mission Journey: Kids®* as a weekly guide for leading GA. Projects and badges are emphasized in the fourth week's plans.

Project Style

GA Leaders and GAs meet to pray for missions and develop and implement mission projects for their community. Some meetings will be at mission project sites.

Fusion Style

Week 1: Mission Story

Week 2: Bible Study

Week 3: Mission Project

Week 4: Mission Activities

Customized Style

GA Leaders create a customized style for their group, remembering to include learning, praying, giving, and serving.

*Mission Journey: Kids can be ordered from wmu.com.

A sample meeting for Project and Fusion Styles can be found on p.5

Project Style Sample Plan



1. GAs say GA Motto, GA Pledge, GA Scripture Verse, and GA Lifestyle Verse.
 2. Pray for missionaries and mission projects.
 3. Monthly Memory Verse game.
 4. Leader explains the mission project for the month or girls determine the project.
 5. Girls and leaders work on project (blessing bags, baking, cards, Christmas shoeboxes, etc.) or visit a mission site.
- GA Journey* could also be incorporated into the Project Style.

Fusion Style Sample Plan

1. GAs say GA Motto, GA Pledge, GA Scripture Verse, and GA Lifestyle Verse.
2. Pray for missionaries and mission projects.
3. Short game or activity to introduce the lesson.
4. Leader chooses from the following: Bible story, mission story, mission project, mission activities, GA Journey*
5. Game or activity to support the lesson.

*Bible stories relate to missions. Mission stories can be found in Missions Mosaic (wmu.com) or imb.org. Mission projects are developed based on community needs. Mission activities might include cultural games, recipes, prayer journals, skits, displays, etc. GA Journey is the individual achievement plan for Girls in Action. It can be ordered from wmu.com.

GA Identity Elements

Girls love to belong! Girls in Action not only gives girls a sense of belonging, but of acceptance and of purpose. Club-like identity elements help girls feel a part of the group. GAs typically say these elements at the beginning of the meeting. Badges awarded for things like scripture memory and mission projects enhance the experience.

GA Motto:

Go Forward!

GA Pledge

As a GA, I will do my best to live a missions lifestyle that honors God by:

Learning about missions;

Praying for missions;

Giving to missions;

Doing missions;

And participating in the work of the church.

GA Scripture Verse

"Give thanks to the Lord. Worship him. Tell the nations what he has done. Announce how honored he is." (Isaiah 12:4 NIV)

GA Lifestyle Verse

"The Lord has shown you what is good. He has told you what he requires of you. You must treat people fairly. You must love others faithfully. And you must be very careful to love the way your God wants you to." (Micah 6:8)

How to Begin Girls in Action

Pray for God's leadership in the following steps.

1. Talk with church leadership about your desire to begin a Girls in Action group.
2. Decide which GA group style you will use. (p. 4)
3. Enlist GA leaders.
4. Decide location, meeting dates, and times.
5. Promote GA 4-6 weeks before the start date. Talk to parents and girls about this exciting new group.
6. Order resources based on your chosen GA group style. (see p. 4)
7. Plan specifically for the first weeks of your GA group. Plan generally for your GA year. (see p. 8)



Yearly Schedule Ideas

September: Season of Prayer for State Missions and Eliza Broadus Offering®, Children's Missions Day®

October: Fall Festival Involvement

November: Ministries to orphans, widows, and veterans

December: Week of Prayer and Mission Study for International Missions and Lottie Moon Christmas Offering, Christmas outreach

January: Ministries to homeless

February: Ministry to Seniors

March: Week of Prayer and Mission Study for North American Missions

April: Easter outreach

May: Mother's Day Tea

June/July: Kentucky WMU Events for Children- Changers Kids and Explore

August: Christmas in August, Hunger Awareness Day

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Children's Missions Day® is a registered trademark of Woman's Missionary Union®.

GA Journey and Badges

Badges are a great way to encourage GAs in missions. GA Journey is an achievement plan for girls. The GA leader plans activities from *GA Journey Leader Guide*® which has over 100 activities in the following categories:

- I Am a GA
- I Do Missions
- I Give
- I Help Missionaries
- I Learn the Bible
- I Pray
- I Serve My Church
- I Tell About Jesus

Girls can earn badges for each category of GA Journey each year they are a member of GA.

A variety of other badges are also available from wmu.com. *GA Badge Catalog* is a free resource that provides creative ways to award badges.



GA Journey Leader Guide® is a registered trademark of Woman's Missionary Union®.

GA Resources

Curriculum:

Missions Journey: Kids Leader is a quarterly magazine of weekly lessons plans. Lessons include missions, culture, Bible study, discipleship, games, and crafts.

Missions Journey: Kids Adventure is a missions magazine for kids.

Missions Journey: Kids Leader Kit contains full-color posters, games, and activities.

GA Journey Leader Guide is the achievement resource for GAs.

GA Promotion Pack contains identity posters.

GA Digital Pack provide graphics to design your own GA items.

Badges can be awarded for individual achievement.

GA Badge Catalog provides ideas for awarding badges. (Free from wmu.com).

Resources can be ordered from
wmustore.com.

GA Leader Responsibilities

GA leaders have an important role in discipling girls in their spiritual development. A GA leader has a passion for missions and a love for girls.

GA Leaders:



Pray for each girl in their group



Plan and implement missions lessons, projects, and activities



Recognize the developmental, learning, emotional, and spiritual needs of their group



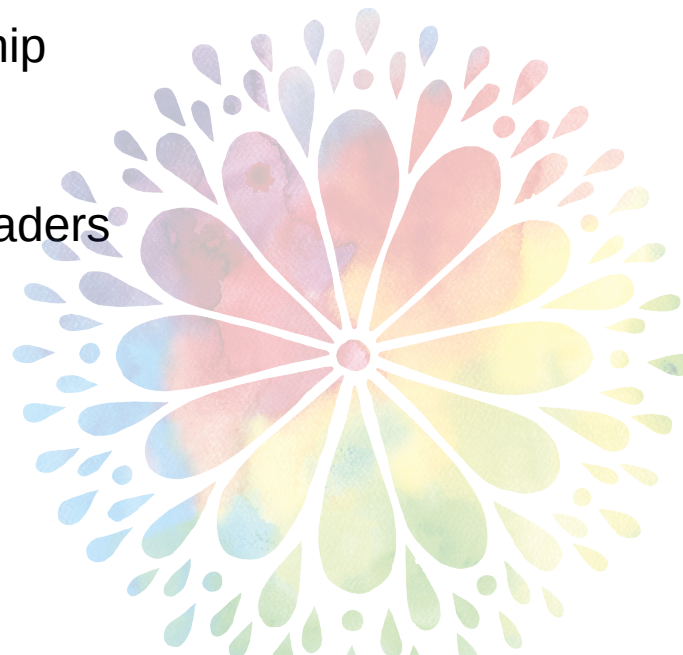
Provide for the safety and security of GAs



Cooperate with church leadership



Enlist new GA members and leaders



Allergy Alert Chart

Today we will:

Taste: _____

Touch: _____

Smell: _____

Please sign below if your daughter is
allergic to any of these items.

Name

Allergic to:

Suggested Scripture Verses to Memorize

GA Scripture Verse: Isaiah 12:4

GA Lifestyle Verse: Micah 6:8

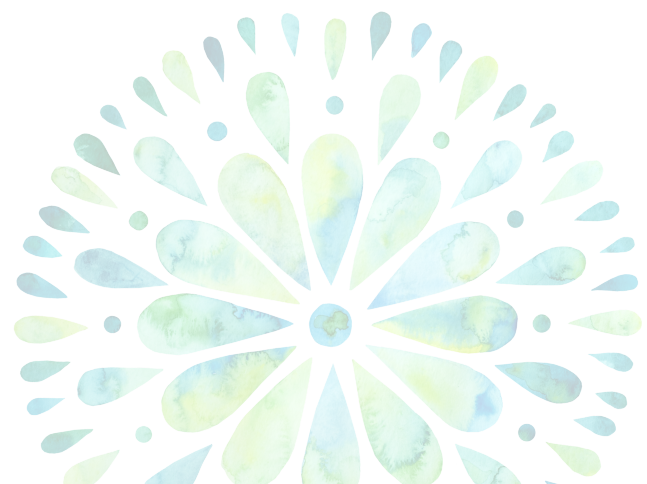
The Great Commission: Matthew 28:19-20

The Roman Road to Salvation: Romans 3:23,
Romans 6:23, Romans 5:8, Romans 10:9-10

John 3:16

Acts 1:8

Additional Verses



Leading Kids to Serve in Your Community

Before you Go:

1. Pray with your girls that God would reveal needs in your community and how your girls could help.
2. Visit potential sites before you take your girls. Ask about safety precautions and restrictions. Ask mission site directors about specific projects kids could do. Many times, mission directors aren't used to kids coming to serve. You may need to offer suggestions. Ask what donations are needed.
3. Ask church leadership for a permission form for kids. If you need to develop one, include: parent/guardian contact information, health information (allergies, insurance, etc.), permission to ride in church or leaders' vehicle. Each parent/guardian completes and signs the permission form.

On site:

1. Prayerwalk the area you will be serving.
2. Divide girls into teams if possible. Each team works on a project. Take hourly breaks. Play games or have a snack. Switch projects.
3. Debrief your visit. Ask: What did you learn? How can you serve in the future?

After your Visit:

Encourage kids to write about their experience in a journal and/or share with your congregation.

Mission Project Planning

Name of Project _____

Who are we helping? _____

Where will we do the project? _____

When will we do the project? _____

Who will help with the project? _____

What steps do we need to do to complete the project?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

What supplies are needed and who will gather them?

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

How will we let others know about our project? _____

